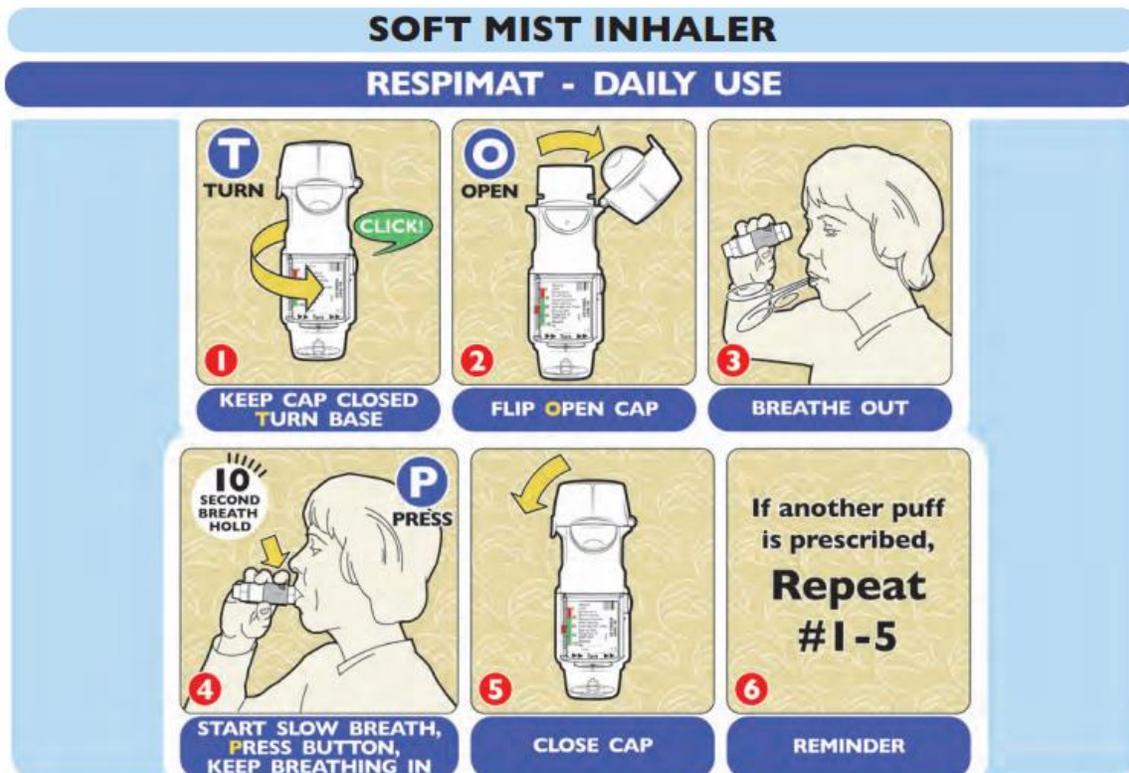


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DEPARTMENT: RTiC

## Using a Respimat

**SOFT MIST INHALER**

**RESPIMAT - DAILY USE**



- T**  
TURN  
KEEP CAP CLOSED  
TURN BASE
- O**  
OPEN  
FLIP OPEN CAP
- B**  
BREATHE OUT
- P**  
PRESS  
START SLOW BREATH,  
PRESS BUTTON,  
KEEP BREATHING IN  
10 SECOND BREATH HOLD
- C**  
CLOSE CAP
- R**  
REMINDER  
If another puff is prescribed,  
**Repeat #1-5**

### IMPORTANT INFORMATION

- Note:** Place mouthpiece between your teeth and close your lips.
- Empty?:** The base has a dose tracker – “0” means it is empty. Base will lock. Throw it away.
- Expired?:** Check the expiry date on the device.
- Reminders:** If Respimat isn't used for 1 week, **PRIME 1 TIME** (See Reverse Side).  
If Respimat isn't used for 3 weeks, **PRIME 3 TIMES** (See Reverse Side).  
Do not get mist in eyes.
- Cleaning:** Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Illustrations developed by the Community Pediatric Asthma Service, [www.ucalgary.ca/icancontrolasthma](http://www.ucalgary.ca/icancontrolasthma)

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