

Who can enroll in MyHealth?

Access to MyHealth is available to consenting individuals who are 12 years of age or older and use Island Health services. Individuals who are 12-18 years of age require a physician or nurse practitioner approval before access will be granted.

How will I benefit from enrolling in MyHealth?

If you use Island Health services (such as outpatient clinics, lab services, or medical imaging), MyHealth is a way to view your results and appointments in one convenient location. Access to your health information can help you engage with your healthcare providers, track your health over time, and make informed decisions.

What do I do if I am concerned about a result or what I see in MyHealth?

Questions or concerns about any information or results you see in MyHealth should be directed to your specialist or family doctor (primary care provider).

Do I have to pay to enroll in or use MyHealth?

There is no cost for MyHealth.

What's next for MyHealth?

As Island Health builds its electronic health record system, more information and features will become available to healthcare providers and patients. Island Health is working with patients to determine how MyHealth can expand and provide more information and features to help you participate in your health care.

MyHealth does not provide medical advice

Questions about your health care should be directed to your family doctor (primary care provider) or specialist.

Always call 911 in an emergency.

For non-emergency health information and advice, contact HealthLink BC, available at any time:

- Call 811
- Visit [HealthLinkBC.ca](https://www.healthlinkbc.ca)

Information and Support

For more information about MyHealth, how to enroll, and how to use the patient portal, visit:

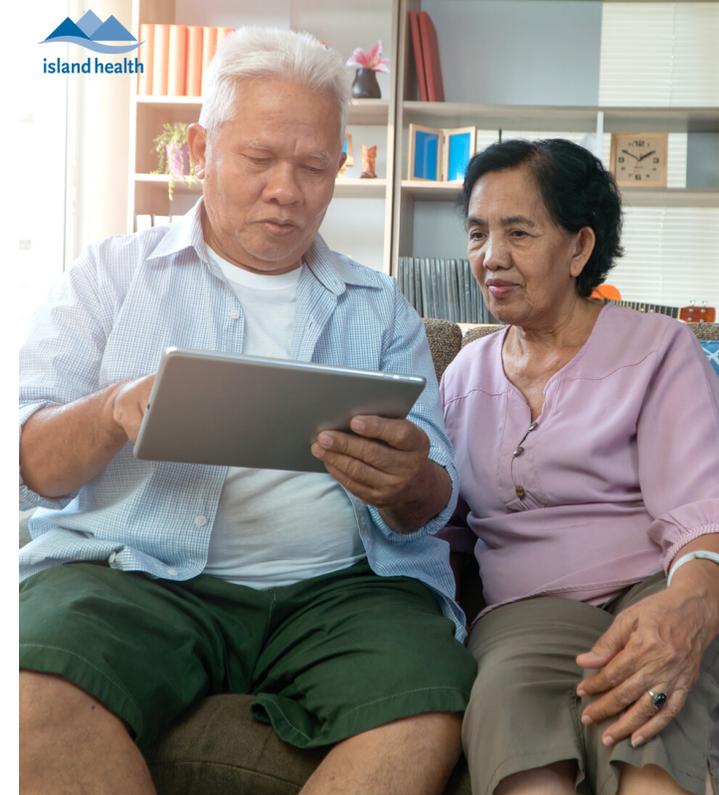
www.islandhealth.ca/myhealth

or scan the QR code below



For technical support, call the MyHealth Help Desk, available at any time, toll-free:

- **1-800-249-1024**



MyHealth

Island Health's Patient Portal

Access your Island Health personal health records from your computer or mobile device.

Securely view your laboratory results, medical imaging reports, clinical notes and appointments.

Enroll today to help you take an active role in your health and care.

www.islandhealth.ca/myhealth

Features

MyHealth currently features:

- Laboratory results
- Imaging reports
- Clinical notes added by your healthcare provider (limited note types, expected to expand in future)
- Not all appointments are available in MyHealth. Please refer to islandhealth.ca/myhealth or ask your clinic for more information
- Download and print options for results and reports
- Forms that patients can complete at home before their appointment (in limited clinics)

Computer and Device Requirements

You can use any computer, tablet, or smartphone to access MyHealth.

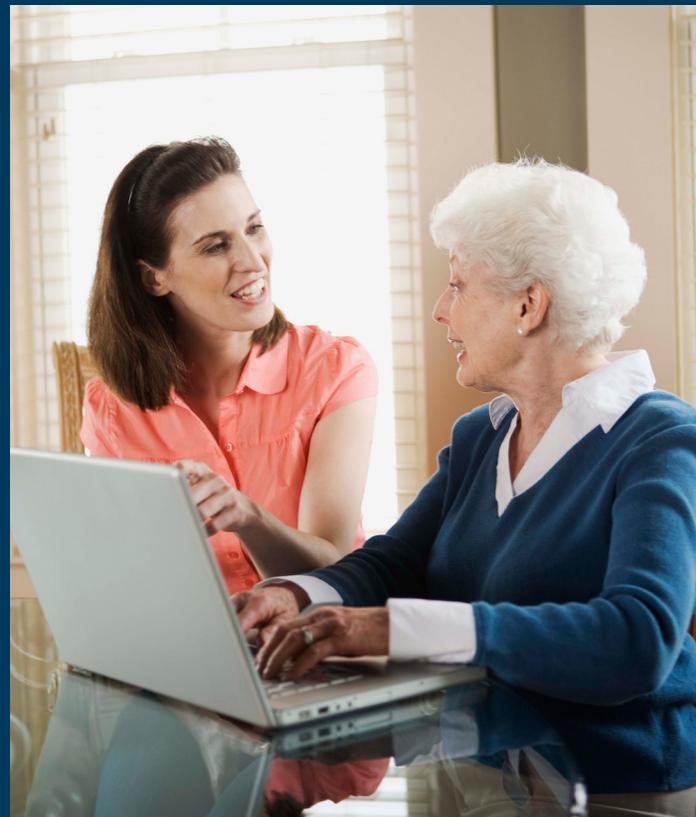
You will need the latest version of a web browser like Microsoft Edge, Chrome, or Safari installed on your computer or device.

Privacy and Security

Island Health is committed to ensuring that your personal and medical information is protected.

Island Health protects MyHealth users' personal information by ensuring security measures are in place to protect against risks such as unauthorized access, collection, use, disclosure, or disposal.

All MyHealth data is securely stored within Canada.



Enrolling

If you are age 19 or older, you can enroll in MyHealth. Use one of the following methods:

- Call the MyHealth Virtual Enrollment Line at 1-844-844-2219 Monday to Friday from 8:30 am-4:30 pm.
- Online using your BC Services Card: <https://getmyhealth.islandhealth.ca>
- Go to a laboratory, medical imaging, or main admitting department at an Island Health acute care facility.

If you are between the ages of 12 and 18 and would like access to your own MyHealth account:

- Download the *Adolescent Access to MyHealth* form from the MyHealth website.
- Fill in the required fields and obtain a signature from a physician or nurse practitioner.
- Submit the form to Island Health according to the instructions.

If you would like proxy access to another person's record (e.g. child, parent, spouse):

- Download the *Request Access to Someone Else's MyHealth Account* form from the MyHealth website.
- Fill in the required fields, attach any required documentation and submit according to the instructions.



MyHealth